

Relationships and Lessons

‘Keeping it fresh’

Everything has a purpose, every relationship has a purpose. If there is a lacking your relationship no matter what type of relationship it is, it is a lacking of something within yourself.

Everything as you know is a mirror. Everybody you know is a mirror too. When someone enters our life and they have issues with us, it is reflection of *their* issues. If someone enters our life and we have issues with them it is *‘our’* issue. This stands true as well for parents and siblings. If we are born into a family and we have issues with members of that family – these are to be considered pre-destined life lessons. As in lessons we chose to integrate before we incarnated. These are the first to be worked on, and we know you are all working on these lessons since you were born.

Same too with co-workers – some of you feel stuck in your jobs when faced with ‘no choice’ and forced to work with certain people but as you know you *really do* choose to work with these people. You choose the job, and everything and everyone that goes with this job. You *always* have a choice.

To build on the Twin Flame exercise, choose a family member or partner and some lesson we have with them. We would like you to use the same technique however see it as your Higher Self (who really does exist!!!) instead of the Twin Flame. See it as an Angelic Goddess, see yourself as an Ascended Master whatever feels right. See this aspect holding the lesson you need to learn. See how and learn from the Wiser Aspect of yourself. *Rather than higher we rather you used more ‘evolved’ or ‘wiser’ Aspect of yourself – you are perfect as you are – we love you as you are but rather you did not live in pain as you are.*

See this Wiser Aspect of yourself holding the energy of what lesson it is for you to learn and integrate. Example: Let’s say the person that is teaching you your lesson mistreats you and takes you for granted – the lesson could be suggested is Self-Love and Self-Esteem. Your Ascended Self holds the opposite and positive energy of how you feel in relation to the difficulty (lesson) with the person.

See this lesson and positive energy being a Golden Sphere of Light in the heart of your Ascended Self. Feel this energy infuse into you as you merge with your Wiser Aspect of yourself. Do this every evening and morning if you can in relation to one person. If you do this technique 7 evenings a week for just one person imagine how many lessons you can learn after 6 months, 12 months and so on.

Ask us, your angels of love for help with this, we help you with these lessons.

Regarding Romantic Relationships; The Twin Flame exercise of Archangel Chamuel will serve to enhance existing Romantic Relationships. However it would be good to do the above exercise of merging with your Angelic Self too to integrate lessons.

Cut in-depth negative ties **at least once a week** between yourself and loved ones, this includes partners, children, parents and siblings. And also who if it is you are working with learning lessons, with this technique.

Angelic Core Healing Followup Night Monday, 05 October 2009

Ask Archangel Gabriel, Chamuel and Cassiel to pray over you at night in relation these lessons with your chosen person. Ask Archangel Gabriel, Chamuel and Cassiel to clear 'the relationship channels' between yourself and these people (*who we love too by the way* 😊)

This will greatly accelerate your learning with those around you and free up your energies to focus on your spiritual mission.